

G'day

It's Shazza again to tell you some more stuff.

1st Up – It's bloody cold up here at the moment. It actually got down to just **UNDER 18 deg** last night, had the doona on the bed, couple of blankets and a snuggle with the wife, even the dog was cold. I had to go look for some long pants (that fitted).

The days are still nice up around the 27 – 28 deg and no humidity. So this is the type of weather you should get at Croc Nash hash 2019.

2nd Up – Bike Hash. Yes we are doing it. It's on the drop down choice for Saturday runs. But if you are real serious you should check out the

2017 Mountain Bike World Championship <http://mtbworldscairns.com.au/index.html> it is on again in Cairns, September the 5th to the 10th and usually televised somehow. Also on that web page there is link to <http://www.ridecairns.com/riding/where-to-ride/port-douglas-north/>. Now not saying we might be using some of these trails but have a look anyway.....

3rd Thing – You think Nash hash is expensive! The Great Barrier Reef Master Games has just been held in Cairns. Regos started from \$85.00 Plus your sport rego, anywhere from \$30 of Athletics to about \$100 for basketball (there were more expensive options). Now, what you got for that was (besides having a great time) 4-5 games of basketball/hockey/football etc, an event T shirt, a snatch pack and entry to the "Party" venue. No food, No grog, No transport, No nothing.

But if you really want to spend money try Cairns Airport Ironman being held next weekend. What you get for that is a 2.4 mile (3.086 KI) swim, you get to ride 112 Miles (180.25 KI) and to finish you get to run 26.22 Miles (42.20 KI). They do provide transport from the city to the start from 4 am. All this for? \$885.00. No food, no grog, no party, but you get an event shirt and bib!! This is a professional event and does cost a lot to put on with road closures, escorts etc. The main scenic coast road from Cairns and Port Douglas is closed to traffic from 3.00 am Sunday Morning to 2.00 pm for the bike ride. If you get a chance to see it on the web/tv it's magic to watch (but I don't know if I would really need to ride 180 kl to appreciate it, they do it 1.5 times).

So Aussie Nash Hash these days is very much amazing value for money.

And last thing – This will be the last reminder for those who pledged & paid a deposit at Ballarart and have not yet registered. You have until the 30th June 2017 to do so or the price goes up to \$360.00. We will honor the pledge as deposit but only on the \$300 pledge price if it is paid in full by 30th June 2017.

So get your finger out and pay the balance of \$250. Remember that regos are transferable but pledges aren't.

On-On for now as the dog is at me to take him down to the beach and I might even have a swim as well.

Cheers Shazza